



ANZACATA

The Australian, New Zealand and Asian
Creative Arts Therapies Association



**affiliate
member
information
pack**

ANZACATA
Australian, New Zealand and Asian
Creative Arts Therapies Association
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1. about ANZACATA

Our mission

ANZACATA recognises the potential of all art forms to enrich and enhance our lives. Our mission is to attend to ethical standards of training and of professional practice, and to advocate for the profession of the creative arts therapies in Australia, New Zealand and the Asia/Pacific region.

ANZACATA recognises, acknowledges and respects the ancestors, elders and families of all Indigenous peoples of the lands on which we stand and practice.

What is ANZACATA

The Australian, New Zealand and Asian Creative Arts Therapies Association (ANZACATA) is the peak professional body that represents creative arts therapists in Australia, New Zealand and the Asia/Pacific region. It is a member-run, self-regulating, non-profit company limited by guarantee that seeks to advocate for the profession and to ensure that the training and practice of professional members is in accordance with the highest international standards. It encourages continuing professional development of members by supporting colleges and groups representing special interests and regions, hosting regular conferences and symposia, and publishing a peer reviewed journal: the Australian and New Zealand Journal of Arts Therapy (ANZJAT). Creative arts therapy is still an emerging profession in our member countries, and the association strives to raise its profile, advocating and lobbying for increasing recognition, as well as forging connections and links with other disciplines, and other countries.

Aims and objectives of ANZACATA

- To promote the therapeutic use of the creative arts for the improvement of human well-being.
- To ensure the criteria of standards for training programmes in the creative arts therapies at all membership levels.
- To promote the standards of practice and ethical responsibility in the creative arts therapies and to ensure these are maintained.
- To offer support to creative arts therapy professionals and others interested in this field, by providing information on research, employment, standards, education and publications as well as resources for advocacy and promotion of the profession.
- To provide continuing professional development opportunities for those engaged in the creative arts therapies through the means of conferences, symposia and workshops and the support of regional groups.
- To uphold an audit procedure of continuing professional development and supervision to ensure that members are competent and fit to practise.
- To encourage research and publication in the creative arts therapies.

- To provide information about creative arts therapy services, practices and training opportunities to the public and other mental health professionals.
- To encourage the development of ANZACATA specialist Colleges and Groups and support their ongoing activities.
- To publish a monthly newsletter.
- To publish a peer-reviewed professional journal, ANZJAT (*The Australian and New Zealand Journal of Arts Therapy*), at least annually.
- To hold a conference or symposium every year.
- To hold an AGM annually.

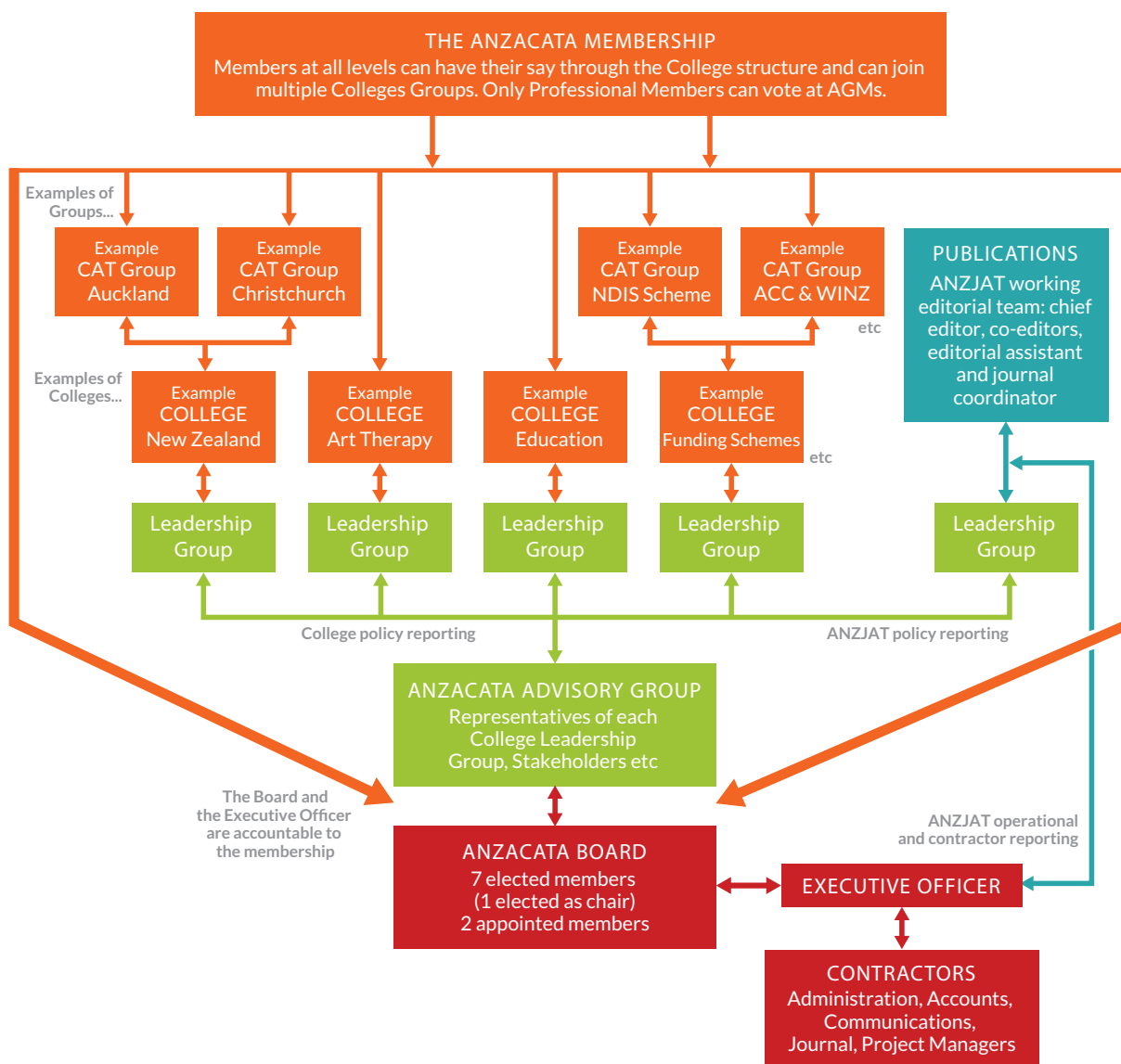
The history of creative arts therapies in the region

- 1987** The Australian National Art Therapy Association Inc. (ANATA) was founded as a non-profit incorporated association.
- 1990s onwards** Programmes at postgraduate level in art therapy, drama therapy and arts therapy have been developed in Australia, New Zealand and Singapore.
- 1995** Establishment of Creative Therapies Association of Aotearoa (CTAA) in New Zealand.
- 2000** Establishment of Australian Creative Art Therapies Association (ACATA) by first graduates of the RMIT masters programme.
- 2006** ANATA became ANZATA (Australian and New Zealand Art Therapy Association), affiliating with New Zealand.
- 2006** ANZJAT (*The Australian and New Zealand Journal of Art Therapy*) first published.
- 2006** The Australian government wage award was granted to the profession, and the profession was included in the Australian and New Zealand Standard Classification of Occupations (ANZCO).
- 2009** ANZATA professional membership was opened to graduates of LASALLE College in Singapore.
- 2011** An 's' was added to 'art' in ANZATA's and ANZJAT's title to reflect the many creative modalities that members utilise.
- 2015** ANZATA professional membership was opened to graduates of University of Hong Kong.
- 2016** ANZATA became an Affiliated Organisation of PACFA.
- 2016** ANZATA became a member organisation of AHPA Allied health Professions Australia.
- 2018** ANZATA and ACATA transitioned to ANZACATA, a company limited by guarantee.

2. the structure of ANZACATA

ANZACATA is a member-run organisation. Each year at the AGM, the professional members elect seven of the nine members of the Board. The other two members can be appointed.

ANZACATA encourages the establishment of member-led specialist 'Colleges' which operate autonomously with the support of the association. A college can be based on region, creative modality, or special interest. Each country or state college will include regional creative arts therapy (CAT) groups. Representatives of the leadership group of each college will be invited to the Advisory Group to advise the Board.



3. membership categories and requirements

Professional

Option A – Australian, New Zealand, Singaporean and Hong Kong Masters Graduates in Art or Arts Therapy from the following: Edith Cowan University WA; La Trobe University, VIC; Western Sydney University, NSW; University of Queensland; Whitecliffe College of Arts and Design, New Zealand; The University of Auckland; LASALLE College of Arts, Singapore; The MIECAT Institute Inc, VIC; and The University of Hong Kong.
(Qualifications Authority Level 9 or 10)

Option B – Graduates from a course that is approved by the American Art Therapy Association (AATA), British Association of Art Therapists (BAAT) or the Canadian Art Therapy Association (CATA), or any other creative arts therapy association that reflects the ANZACATA training standards.
(Qualifications Authority Level 9 or 10)

Option C – Those who are active members of BAAT, CATA, AATA, are granted membership.
(Qualifications Authority Level 9 or 10)

Tier 4 – Provisional

Option A – Graduates of art(s) therapy programmes at Masters level that ANZACATA has not previously approved for entry into professional level membership. These applicants need to demonstrate that they have worked in the field for a minimum of five years under supervision and are supported by two ANZACATA professional members as referees.
(Qualifications Authority Level 9)

Option B – For graduates of specialised modality arts therapy training courses where there is NO Masters qualification available in Australia, Asia or New Zealand.
(Qualifications Authority Level 8)

Option C – For Trainee members (enrolled in an ANZACATA approved masters level training programme) who have not been able to complete the full requirements for application to Professional level membership in the allocated one year of Trainee membership. The application must be accompanied by a letter of recommendation by the training institution.
(Qualifications Authority Level 9)

In addition, applications for Provisional membership will be accompanied by a demonstration of knowledge and experience, to requested theoretical and practice criteria. After a maximum of two years, Provisional members can apply to pathway into Professional level.

Tier 3

Graduates of ANZACATA approved creative arts therapy training.
(Qualifications Authority Level 8)

Tier 2

Graduates of ANZACATA approved creative arts therapy training.
(Qualifications Authority Levels 6-7)

Tier 1

Graduates of ANZACATA approved creative arts therapy training.
(Qualifications Authority Levels 1-5)

Non-Practising

This category applies to individuals who have been practising members and who need to suspend their practice due to personal circumstances, such as illness or care leave. Holding a non-practising membership means that the member will not have to reapply, or pay the application fee, when they resume practising. This category could also apply to retired members who are no longer practising but wish to remain involved in the Association.

Trainee

Students in their final year of ANZACATA-approved masters level training programmes.

Student

Students in any arts therapy programme accredited by a Qualifications Authority.

Affiliate

This category applies to those who are interested in creative arts therapy, including students studying related fields, and who support the purposes and objectives of the Association.

For more information about requirements of each category and training courses, please visit the ANZACATA website.

4. what ANZACATA provides for its Affiliate members

Advocacy

ANZACATA advocates for the arts therapy profession on behalf of all members. Members can reap the advantages that ANZACATA has gained, such as being able to register as a provider with health funds that accept ANZACATA members. In addition, NSW professional members of ANZACATA are now eligible to receive the State Remuneration Award. ANZACATA professional members are eligible to provide services through Australia's National Disability Insurance Scheme (NDIS). The New Zealand Accident Compensation Corporation (ACC) and the Ministry of Social Development have recognised ANZACATA as a professional body for funded therapy.

Professional support and protection

ANZACATA provides a constitution, a code of ethics, a complaints procedure, continuing professional development and supervision guidelines and access to a master professional indemnity insurance scheme. The Code of Ethics and the ANZACATA Board also provide guidelines and support for the practicing creative arts therapist if any complaints are lodged. Professional members are required to comply with Continuing Professional Development and supervision guidelines in line with other health professions.

Colleges and Groups

ANZACATA encourages member-led specialist 'Colleges' that operate autonomously with the support of the association. A College can be based on region, creative modality, or special interest. Each country or state college will include regional creative arts therapy (CAT) groups. Representatives of the leadership group of each college will be invited to the Advisory Group to advise the Board. Members of the association can join multiple colleges, such as a modality college such as dramatherapy or a specialist area of work such as disabilities. This provides numerous opportunities for professional development, networking, support and mentoring. For more information and to establish or join a college or group, please visit the ANZACATA website.

Journal

The Australian and New Zealand Journal of Arts Therapy (ANZJAT) is the peer-reviewed creative arts therapy academic journal containing latest culturally and geographically relevant research. The journal provides a lively forum for academic research and practice-based papers with a focus on reflexivity and innovation in the field. It sets out to offer a useful resource for professionals and trainees, and to contribute to a broader knowledge



and understanding of the arts therapies. ANZJAT creates opportunities and encouragement for new and established authors within Australia, New Zealand, Asia and internationally to publish their work. The journal promotes a diversity of modalities, philosophical orientations, voices and genres.

Members are sent a hard copy edition each year and can access the complete articles of the current and back issues (to 2008) of ANZJAT through the ANZACATA website, free of charge.

If you are interested in submitting an article or become a peer reviewer, there is a wealth of resources to help you with the process in the ANZJAT Submission Manual (which includes the ANZJAT Style Guide, a style template and referencing guides), and the ANZJAT Peer Review Manual. These can all be found on the ANZACATA website.

ANZACATA's monthly newsletter

The ANZACATA e-newsletter, *Where it's AT*, comes out monthly and includes information about the association as well as creative arts therapy news from our regions and internationally. There are also regular reports from our Colleges and CAT Groups, and information about employment opportunities, courses, workshops, conferences and the like. Advertising in the newsletter is free for members.

Annual ANZACATA Conferences/Symposia

ANZACATA holds regular events including either a conference or a symposium every year in centres around our regions, attracting a high calibre of keynote speakers and presenters in a variety of modalities. We encourage our international guests to also present master classes along side these events.

The following events have been held over the past decade:

- 2011** Brisbane Conference with dramatherapist David Read Johnson as keynote.
- 2012** Birds of a Feather event in Melbourne bringing together a wide cross section of the arts therapy community and organisations in Australasia.



- 2013 Sydney Conference and Auckland Symposium with Shaun McNiff as keynote.
- 2014 Singapore Symposium with Lynn Kapitan as keynote.
- 2015 Adelaide Conference with Sue Jennings and Lynn Kapitan as keynotes.
- 2016 Christchurch Symposium with Rainbow Ho as keynote.
- 2017 Melbourne Conference with Ellen Levine, Stephen Levine, and Robert Landy as keynotes
- 2018 Perth Conference with Ephrat Huss and Rainbow Ho as keynotes

As an ANZACATA member, you are entitled to generous discounts, receive attendance and presenter certificates and your participation counts towards your Continuing Professional Development.

Resources on the website

A wide range of resources is available to ANZACATA members to help you publicise and advocate for the profession. Resources can be downloaded by members from the ANZACATA website and you can request any printed brochures to be posted to you:

You can view these resources by logging in as a member and visiting the members' resources page on the website.

5. ANZACATA renewals

Your membership runs from 1 August to 31 July. As an Affiliate member you can renew each year through your MyANZACATA profile on the ANZACATA website. You will be emailed reminder emails as the renewal period approaches.

All membership or renewal enquiries should be directed to the ANZACATA administrator:
administration@anzacata.org

6. ANZACATA's Constitution

The Constitution of the Australian, New Zealand and Asian
Creative Arts Therapies Association Incorporated