



Editorial: Take a deep breath and dive in...

Stacey Bush *The MIECAT Institute, Melbourne, ANZJAT Co-Editor*

Deborah Green *Whitecliffe College of Arts and Design, ANZJAT Co-Editor*

Deb Green and I (Stacey Bush) are both new to the editorial team and have both cut our editorial teeth on this twelfth issue of *ANZJAT*. Tasked with writing this editorial, Deb and I embark on a long-distance collaboration, Deb in Christchurch, New Zealand and me in Melbourne, Australia. The idea of writing this as a conversation, of sharing our resonances to the work featured, is our starting point. Separately we immerse ourselves in the rich offerings of this issue and write a response to them. I send my response to Deb, feeling a little uncertain.

I receive Stacey's creation with held-breath. I've begun my own tentative groping towards editorial musings but am nervous... Stacey's woven words, layered image and spacious poem offer resonant threads... And it emerges that our responses share a similar birthplace in uncertainty and as a result hold a sense of our humanness. I love this.

I receive Deb's response; her beautifully evocative, warm, soul full, and grounded words fill me with a sense of ease. We find that the two responses sit together well and in their difference complement each other. We have email conversations and Skype conversations, back and forth in a process of finding a place to land this editorial. We offer you here a story of this issue of *ANZJAT*. Take a deep breath.

Diving in, I begin with looking at the diversity of works that are brought together in this edition. I begin to see some threads, some patterns that connect the writings. There is a thread that speaks of our being together on planet earth,

the importance of relational connection with land, with the natural world, and with each other. Alongside this I see another thread which speaks to the disruption of these relationships, of disconnection, fragmentation and destruction. Yet another thread speaks to the value of making art to explore and make sense of our lived experiencing. These threads work together to explore ways and contexts in which the arts, both in and as therapeutic practice, can work to lead us towards re-connecting and wellness. A poetic response to this body of work begins to bubble forth.

Being in world

Being with and in

What is that space

Between

The being with and being in

Our planet earth

Our land

Our place

Each other

I imagine a dynamic and relational space

A space which calls for dialogue beyond the purely verbal

Holding, helping, honouring

Together in multimodal conversations

In dance

In collage

In community painting

In research inquiry

In groups

anzjat

AUSTRALIAN AND NEW ZEALAND JOURNAL OF ARTS THERAPY

Editorial team

Chief Editor Sheridan Linnell

Co-Editors Stacey Bush, Catherine Camden-Pratt, Deborah Green

Arts Editor Vic Šegedin

Journal Coordinator and Editorial Assistant Vic Šegedin

Copy Editors / Proofreaders Belinda Nemec and Rigel Sorzano

Peer reviewers

Jan Allen, Lay Hoon Ang, Susan Begg, Tania Blomfield, Susan Calomeris, Annette Coulter, Karen Daniel, Jo Davies, Claire Edwards, Bettina Evans, Patricia Fenner, Esther Fitzpatrick, Fiona Gardner, Mark Geard, Jennie Halliday, Rainbow Ho, Jo Kelly, Adrian Łania, San Leenstra, Anita Lever, Amanda Levey, Annetta Mallon, Moata McNamara, Shaun McNiff, Kirsten Meyer, Julia Meyerowitz-Katz, Nikki O'Connor, Jean Parkinson, Joy Paton, Lynnemaree Patterson, Toril Pursell, Angie Richardson, Suzanne Scarrold, Sonia Stace, Sally Swain, Mariana Torkington, Carla Van Laar, Theresa Van Lith, Justine Wake, Jill Westwood, Sue Wildman, Daniel Wong, Amanda Woodford

The editorial team wishes to thank all peer reviewers who have generously contributed their time and expertise to the peer review of this edition of *ANZJAT*.

ANZJAT is a peer-reviewed journal and as such all accepted submissions are reviewed by peer-reviewers well-versed and respected in the subject of the submission. Full length articles are double anonymously peer-reviewed – in this edition articles 6, 7, 8, 11, 12, 13 and 14.

Published by Australian and New Zealand Arts Therapy Association

ABN 63 072 954 388

PO Box 303, Glebe, NSW 2037, Australia

www.anzata.org

© Australian and New Zealand Journal of Arts Therapy, 2017

All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording or any other information storage and retrieval system, without prior permission in writing from the publisher.

Opinions of contributors are not necessarily those of the publisher. The publisher makes no representation or warranty that the information contained in articles is accurate, nor accepts liability or responsibility for any action arising out of information contained in this journal.

ISSN: 1833-9948

Design and production Vic Šegedin

Printing Tender Print, Geelong, VIC, Australia