

## Contributors to this edition of *ANZJAT*



### **Annie Armour**

BHSc(Hons)

Annie completed a Bachelor of Health Sciences with Honours at La Trobe University, majoring in rehabilitation counselling. Her combined interest of the arts and health led her to write an honours thesis on the issue of how structural and organisational factors impact practice for art therapists working in the healthcare sector in Victoria. As well as her honours research, Annie has also contributed to research in the area of moral injury, spiritual care and the role of chaplains in the defence force.



### **Nyrelle Bade**

DipTransAT, DipTransCouns, GradDipCEAT, DipSensorimotorAT

Nyrelle is based in Melbourne, Victoria and has worked in private practice for over a decade where she accepts both private/self referrals and also agency referrals. She specialises in working with complex and high-needs clients, and supervises both counsellors and arts therapists. Nyrelle is currently completing her thesis for a Master of Creative and Experiential Practice at the Miecatt Institute, in her intermediate year studying Somatic Experiencing, and is the current President of ACATA. Nyrelle has guest-lectured at Whitecliffe College of Arts and Design and the Miecatt Institute and has a particular interest in the use of sound and vocalisation in trauma-informed arts therapy practice.



### **Katie Buckley**

BSpPath, BHlthSc(ErgoSafetyHealth) with Hons(PubHlth), CPSP

Katie is an academic at La Trobe University and the Australian Catholic University. Her area of research focuses on health and ergonomics at work (with a specific focus on vocal health and ergonomics with workers in precarious employment, such as elite sports coaches). She also works in private practice as a speech pathologist (specialising in voice disorders and vocal ergonomics), and as an 'occupational voice use' educator. Katie is currently the AFL Coaches Association's voice consultant and has worked with five Australian sporting leagues, both domestically and abroad. She has worked with coaches and referees within the Australian Sports Commission and the Australian Institute of Sport.



### **Dr Catherine Camden-Pratt**

DipTeach, GradCertATh, AdvDipTransATh, MAppSc(Social Ecology), PhD, AThR

Catherine is a nationally-awarded arts-based experiential educator. She currently works as an art therapist in private practice working with adults and children, and facilitating art therapy groups for Blue Mountains Cancer Help. She also teaches in the Master of Art Therapy at Western Sydney University in the foundation units and in critical and creative research. Catherine has 35 years professional experience in creative education and for 15 of these was Senior Lecturer in Social Ecology in the School of Education at Western Sydney University. Her areas were in arts-based research and pedagogy with a focus on voice/silence and education as social justice. Catherine's sole-authored popular press book from her art-based performative PhD shared the stories of women growing up in families with a mother with a mental illness. She co-authored the first social ecology book in Australia, is published in scholarly books and journals, as well as in poetry and narrative anthologies and has exhibited her mixed-media artworks in solo and community exhibitions.



### **Sue Curtis**

BEd, MA DMT, RDMP

Sue trained as a dancer and teacher, practising as a dance therapist with children and young people within mainstream and special education. She has lectured and supervised on Master of Dance Movement Psychotherapy training courses since 1993 (currently at Goldsmiths, the University of London), supervises privately and been engaged in the work of the Association for DMP UK. She has guest-lectured in Spain, Ukraine, Poland and Latvia. Sue has recently lived through three years of serious illness leaving her disabled, but giving rise to exploring 'body mapping' as a way of the body telling its story and she is currently developing this within supervision.



### **Sandra Drabant**

BA, DipEd, MAAT, AThR

Sandra completed her Master in Art Therapy at the University of Illinois and worked in Chicago for eight years. She returned to Australia in 2005, where she worked with at-risk children and their families. She also worked as a senior art therapist at the Lady Cilento Children's Hospital in the Child and Youth Mental Health Service, Day Program South. She coordinated the art therapy programme at the Mater Cancer Care Centre and lectured in the School of Medicine at the University of Queensland. Recently, Sandra moved with her family back to the USA to live and work.



### **Dr Patricia Fenner**

DipVisArts, DipEd, MA(Berlin), MA(La Trobe), PhD, AThR

Patricia, a registered art therapist, is the Course Coordinator of the Master of Art Therapy program at La Trobe University. As well as a commitment to developing graduates with strong practice skills, Patricia is a researcher with a particular focus on art-based research, art-making and mental health recovery in Australia and the Asia-Pacific, as well as art therapy in cancer care. Prior to working in the university sector, Patricia worked in diverse contexts including public mental health, education and aged care, as well as a community artist in both Melbourne and Berlin.



### **Dr Deborah Green**

BA(Hons)(Drama), MEd, PGDip(Adult Ed), MAAT(Clin), PhD, AThR

Deborah's practice in arts therapy draws on 15 years' experience as a drama and adult education lecturer, lifeskills/AIDS educator and counsellor, and community developer for the South African University and Health sectors. Following the Canterbury earthquakes in 2010/11 (New Zealand), she spent several years providing arts therapy for quake-affected adults and children and gained her PhD writing her thesis exploring this work. She has published in *ANZJAT*, and presented at various conferences in Australia, Singapore and New Zealand. She currently coordinates the Postgraduate Diploma in Arts Therapy in Auckland and Christchurch for Whitecliffe College of Arts and Design.



### **Rachael Ireland**

BFA(Hons)

Rachael is an artist with a professional practice, and employed as an artist educator at the Museum of Contemporary Art, Sydney, and as an Arts on Prescription artist facilitator. She is currently a student in the Master of Art Therapy program at Western Sydney University, and working as a trainee art therapist on clinical placement. Drawing on her experiences from working within these different roles, Rachael has developed an interest in the diversity, similarities and differences of professional practices that connect with people and art.



### **Dr Joanna Jaaniste**

BA(Hons), DipEd, DipDramatherapy, PhD, AThR(Drama)

Joanna is a registered dramatherapist and adjunct fellow of Western Sydney University who teaches on the Master of Art Therapy program there. She has experience in the fields of mental health, addiction, adolescence and dementia and practised in acute, community group and individual dramatherapy for 19 years at Fairfield/Liverpool Mental Health, NSW, until her retirement a year ago. Joanna has published articles in peer-reviewed journals and chapters in several edited books. Her PhD research into dramatherapy and dementia is currently continuing with a further project in the field. She has co-written the first Graduate Diploma in Dramatherapy course in Australia with her colleague, Adrian Lania.



### **Dr Jo Kelly**

BEd(Hons), DipCounselling, MMH(Art Therapy), PhD, QMACA, AThR

Jo is the current president of ANZATA and this year completed her PhD in Education in the field of art therapy in high schools. This research, located in schools, is the first at doctoral level published in Australia since 1985. She is a mother, artist, art therapist, counsellor and educator. She has lived and worked mainly in developing countries, including India, Bangladesh and Papua New Guinea. She has work experience with a wide population, including young parents with mental health issues, disability, and children and adolescents. She is currently working as a high school counsellor/art therapist and is developing her private practice in northern NSW. Jo is also a supervisor for students on the Master of Mental Health (Art Therapy) program at University of Queensland, and the Bachelor of Education program at Southern Cross University.



### **Dr Vivian Lai**

BA, MSocSc, PhD, RSW

Vivian teaches at Caritas Institute of Higher Education in Hong Kong. Her students enjoy her sharing of her clinical experiences in the classroom. Before her teaching career, she worked closely with bereaved children and their families. As a counsellor, she utilised art, play and sandplay when doing therapy with children. For adults, she integrated mindfulness practices and yoga in individual and group counselling. Vivian is a certified trainer of Mindfulness for youth with ADHD and ASD, as well as a yoga teacher. During her leisure time, she enjoys porcelain painting and yoga practices.



### **Wendy Lawson**

BFA(Hons), MAAT

Wendy has a background in fine arts and film and has an exuberant approach to all things creative. Before studying arts therapy at Auckland's Whitecliffe College of Arts and Design. Wendy travelled extensively and worked across diverse environments, including ICT, health and disability, youth and education. She has a growing community engagement focus and is involved with the ongoing development of Whitecliffe's arts therapy programme.



### **Ronald PMH Lay**

MA, ATR-BC, AThR

Ronald is the Programme Leader for the Master of Art Therapy program at LASALLE College of the Arts in Singapore. He is a registered and board-certified art therapist (ATCB and ANZATA), and is a professional/credentialed member of AATA and the Art Therapists' Association Singapore. He has over 23 years of providing mental health services in three distinct countries: Singapore, USA and Canada. He has initiated several innovative community arts projects and provides consultation to various national and international organisations including The Red Pencil. Ronald presents internationally on forensic mental health, older adults, wellness and the development of arts therapy in Asia.



### **Anita Lever**

BFA, MArtAdmin, MA(ATh), AThR

Anita graduated in 2014 with a Master of Art Therapy from Western Sydney University and holds a Bachelor of Visual Arts and Master of Art Administration from the University of New South Wales School of Art and Design. She is a practising art therapist at a private mental health hospital in Sydney within mood and eating disorders programs, offering both individual and group art therapy. Anita is also a Sessional tutor within the Master of Art Therapy Degree at Western Sydney University. Anita's own art-making is focused around experimental, mixed-media work and installation art that she occasionally exhibits in Sydney.



### **Amanda Levey**

BA(Hons)(Psych), MAAT, AThR

Amanda Levey studied psychology at the University of Melbourne, and subsequently trained extensively in the Halprin Method in the USA. This model is an integration of movement/dance, visual arts, performance techniques and therapeutic practices. She gained her Master of Arts Therapy from Whitecliffe College of Arts and Design, and is the current Head of Department of the Arts Therapy programme there. Amanda is the former president and current secretary of ANZATA. She has published a number of times in *ANZJAT*, and has presented at conferences in Australia, New Zealand, Singapore, Seoul, and Europe.



### **Associate Professor Sheridan Linnell**

BA(Hons), MA ATh, PhD, AThR

Sheridan is Associate Professor of Art Therapy at Western Sydney University, where she is also the Director of Academic Program for Clinical Psychology and Therapy Studies in the School of Social Sciences and Psychology. Her work encompasses teaching in the Master of Art Therapy program, advising research students, and collaborative, arts-based and narrative research partnerships. Sheridan is a practising poet and one of four artists who constructed and led the collaborative art installation at the international art therapy conference at Goldsmiths College, University of London in April 2016. She is passionate about socially just art therapy for a postcolonial, diverse world.



### **Chris McKeon**

MSc, BN, AdvDipAcup

Chris has over 25 years experience as a Registered Nurse in oncology and ICU and Registered Acupuncturist for over two years. He completed a Master of Science by research in 2015 at Western Sydney University. He started a complementary therapies service at the Mater Adults Hospital Day Oncology unit in 2010 which ran until 2013. This service included massage, acupuncture and art therapy. He is involved in research both as investigator for clinical trials and audits and as an author. Currently Chris is working as Clinical Trials Liaison Officer at Princess Alexandra Hospital, Brisbane.



### **Asha Munn**

BFA, MA(Art Psychotherapy)

Asha is a registered practising art therapist, psychotherapist, artist, consultant, educator and photographer. Her career as an artist and in socially engaged art has spanned the last 17 years with an interest in sharing knowledge and a belief that much can be learnt about mental health and creativity by exploring beneficial links across cultures. She completed her Master of Art Psychotherapy Practice in the UK where she explored the practice of socially engaged art and art therapy and won multiple awards for her work with vulnerable adolescents. Asha is employed as Art Psychotherapist at Marinoto North (CAMHS), Waitemata District Health Board. She is Senior Art Therapist at Māpura Studios. Asha also provides supervision and contracts to a variety of organisations including specialist projects at Toi Ora Live Arts Trust.



### Matthias Nudl

Matthias has lived with depression since childhood and now attends the Buckingham House art group in Sydney, Australia. He has been painting for about four years. In 2013, he exhibited in the *Deck of Dreams* project. In 2015, he contributed to the *Hopes and Dreams Art Project*. The cover of this edition of *ANZJAT* features two of the works that Matthias showed in the *Recovering Creativity* exhibition at Sydney Olympic Park in 2015. Matthias also performs with Milk Crate Theatre, most recently in *Feast* at Carriageworks.



### Toril Pursell

BA(Art&Anth), MA ATh, AThR

Toril is based in Melbourne and has been working for a specialist torture and trauma counselling service for the past few years. She is now concentrating on assisting clients predominantly from asylum-seeker backgrounds. In her counselling and advocacy role she incorporates art therapy for individuals and groups with a special interest in the use of body maps, somatic work and collaborating with interpreters. Toril is undertaking an Master of Clinical Family Therapy and is a guest lecturer at Western Sydney University. Previously Toril was assistant editor and co-editor for *ANZJAT* (2012-2015), a member of the ANZATA committee and presented at conferences and symposiums interstate and overseas.



### Jill Segedin

BA, MA(Art History), MFA

Based in Auckland, Jill has over 20 years' experience working as a graphic designer and runs a design company called Dragonfly Design. She has managed ANZATA's communications since 2008, including coordinating and designing *ANZJAT*. She also does guest tutoring in design at tertiary level. She is well-versed in academic writing and referencing and likes to write about art. Jill is also an artist and has completed an MFA with first class honours from Whitecliffe College of Arts and Design.



### Jody Thomson

DipFA, BSS(Hons), MA ATh, AThR

Jody is an art therapist in private practice, specialising for the last eight years in psycho-oncology. Her work is divided between facilitating psychotherapy support groups; volunteer work providing art-as-therapy groups for cancer patients through a registered charity she started in 2011; and her research interests, which focus on visual methods of enquiry and knowledge generation. Jody is a contributing author to the soon-to-be-published Australian art therapy book *Art therapy: Taking a postcolonial, aesthetic turn*. Future research is planned as a doctoral study beginning in 2017 to explore the ways in which Australian art therapists experience their clinical practice.



### Asha Zappa

BFA, MA ATh

Asha is a recent graduate of Western Sydney University's Master of Art Therapy. She is currently working as an art therapist and researcher with an organisation which provides expressive therapy for children who have experienced trauma. She is also a practising artist who has a passion for the beautifully abject, as well as an activist with an interest in intersectional and anti-colonial Queer politics and body positivity. Asha is inspired by exploration of the feminine in art-making as a subversive account of life. She values the stories children are able to tell through art, and enjoys building cubbies.