

Achieving the dream: Reflections on the decade

Joy Schmidt



Joy Schmidt, *Achieving the dream: Reflections on the decade*, 2015, Water colour, and collage of Leunig's cartoon figures, on Arches watercolour paper, 500mm diameter.

This image is in response to, and supportive of the content of the interview between the artist Joy Schmidt and interviewer Toril Pursell, titled 'This little bag of dreams... about ANZJAT a decade on'. The visual is reflective of the beginning and the healthy development over ten years of *The Australian and New Zealand Journal of Arts Therapy*. The cultural Leunig figures reappear to link us to the first issue, and a basic mixed media used in preference to a computer generated image, since the journal at this point is produced as a hard copy.

The mandala or circular frame contains the images, as a lens focusing on the core and giving us a sense of the growth and identity of the journal. There is a feeling of busyness with many layers, yet there is space for further development of the journal – unspecified here. Symbolic representations of flora and fauna are depicted within patches of colour based of the cultural colours of the three countries – Australia, New Zealand and Singapore. Images of the masthead ANZJAT link to form a pattern at the centre, acknowledging subtle changes along the way. There is the sense of a story here, with a poetic dance happening in a mixing of the arts therapies and cultures.